

a journey to kerala



It is with great honor and enthusiasm that we invite your participation in Ivy Child International's *Journey to Kerala Benefit* this *November 15, 2014*. Together with your support, we can bring mindfulness to children and youth in schools and communities.

DATE: Saturday, November 15, 2014
VENUE: Worcester Technical High School (2014 U.S. Department of Education National Blue Ribbon School Award Recipient)
TIME: 6PM- 9PM
HOST: Ivy Child International
CHEF: Asha Gomez, Owner of The Third Space and Spice to Table, Atlanta (Featured as one of America's Top 50 Chefs)
In conjunction with Worcester Technical Culinary Arts and Hospitality Management students

THE EVENING

Begin your evening with a VIP reception, followed by Chef Asha Gomez's signature culinary experience. The journey will take guests through a 21-course *Sadya* (feast) inspired by the spices of Kerala, India and accompanied by traditional entertainment.

ABOUT US

Ivy Child is a Massachusetts-based, nonprofit organization that provides children and youth with mindfulness-based health education through yoga, meditation, art, and music. Our mindfulness-based learning (MBL) programs are implemented in academic institutions, hospitals, and community sites.

HOW YOU CAN HELP

We invite your participation and sponsorship in this exclusive event.

For more information, please email Shan Koay at skoay@ivychild.org or visit www.ivychild.org

View images from Journey to Kerala 2013 at www.facebook.com/ivychild



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